



# Chicago Mountaineering Club

## General Meeting Schedule

8:00 PM at Goose Island Brewery, 1800 N Clybourn Ave., Chicago IL (312) 915-0071.

November 14<sup>th</sup>, 8:00 PM:

"Climbing in North America" by Fred Beckey.



(Would you pick up this man? Fred Beckey thumbs a ride to the cliff. South Lake Tahoe, CA. Photo by Corey Rich. <http://www.coreyography.com>)

You can't miss this. Fred Beckey will present never before seen images of his recent climbing adventures in North America, from Alaska and Canada to Mexico, including the Cascades, Tetons, Sierras, Bugaboos and Southwest Desert Towers. This presentation is co-sponsored by the Chicago Mountaineering Club and the American Alpine Club Midwest Section. Admission is free.

Fred Beckey is recognized as the most imaginative, persistent, and thorough explorer of the Cascade Range Wilderness. He was noted as "one of America's most colorful and eccentric mountaineers," and is unofficially recognized as the all-time world-record holder for the number of first ascents credited to one man. He has written a number of books including *Mount McKinley: Icy Crown of North America*, *Climbing Mount Rainer: The Essentials Guide*, *Cascade Alpine Guide* series, *Mountains of North America* and a personal narrative, *Challenge of the North Cascades*. Fred happened to be traveling through the Midwest on his way to New England from his home in the Cascades, just at the perfect time to schedule him for the November meeting.

For information on Fred Beckey visit:

[http://www.traditionalmountaineering.org/News\\_FredBeckey.htm](http://www.traditionalmountaineering.org/News_FredBeckey.htm)

December 12<sup>th</sup>, 8:00 PM: Pawel Szymanski will present a program of his climb of Mt. Holy Cross in Colorado. He has about 30min of film footage and interesting slides. In addition, Pawel will show a video album, also 30mins, from the Polish Tatra Mountains.

General Meetings are open to the public and held on the second Monday of each month, September through May. Everyone is welcome. CMC Board Meetings immediately precede the General Meetings at 6:30 pm.

Thanks to Donna Martino for her work in putting together this Beckey presentation; and to Dave Kenealy for a most enjoyable presentation on climbing in Chamonix at the October meeting.

## Wilderness First Aid Course

The CMC will sponsor a Red Cross Wilderness First Aid course this winter in the Chicagoland area. The tentative date is March 4-5<sup>th</sup>, 2006. This is a 16 hour course over two days which will result in Wilderness First Aid certification (valid for 3 years.) The following information was supplied by the Red Cross.

### Purpose:

To give individuals who work, play, or live in areas 30 minutes or more from regular Emergency Medical Service response the knowledge and skills necessary to recognize and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive and take over.

### Learning Objectives:

- Describe how to recognize and handle an emergency.
- Explain how to check the scene for safety and the victim for consciousness.
- Explain when and how to move a victim from a dangerous scene.
- Describe when to call and how to interact with the emergency medical services (EMS) system.
- Explain why and how to apply basic precautions to reduce the risk of disease transmission during and after providing care.
- Describe how to prioritize care for life-threatening injuries or sudden illnesses.
- Describe how to plan and carry out transports and evacuations.
- Describe how to check a conscious victim for life- and nonlife-threatening conditions.
- Describe how to recognize the signals of a heart attack and how to give care.
- Describe how to recognize and care for a victim of sudden illness.
- Describe how to recognize and care for different types of wounds, including burns and bleeding.
- How to recognize and care for a victim of a heat- or cold-related emergency.
- Demonstrate how to care for a victim who is having a breathing emergency.
- Demonstrate how to control external bleeding.
- Demonstrate how to recognize and care for muscle, bone, and joint injuries, including injuries to the head, neck, and back.

The Mountaineering Federation of Chicago will subsidize part of the cost of the course from the Dave Ireland Memorial donations. This seemed an ideal use of a part of these donated funds. The cost will depend on the number of people who sign up but is estimated at between \$50 and \$70 per person – to be determined once final sign-up is finished. The normal cost to take this course through Red Cross is \$125.

If you would like to be included, please contact Rob White at RW15@ntrs.com or by phone at 312-420-8305. We have a limited number of spots. No need to send a deposit yet, but please don't sign up unless you are fairly sure you can attend. If you would like to

take the class, but the March 4-5<sup>th</sup> dates do not work for you, please let me know. It's possible an alternate date will be scheduled.

## Annual Dinner

Our 2006 Annual Dinner will be held April 1<sup>st</sup> at the Chicago Yacht Club. Mark your calendars now. We'll have additional details in upcoming newsletters.

Phil Powers will be the keynote speaker. Phil is the current Executive Director of the American Alpine Club, co-owner of the Jackson Hole Mountain Guides, and author of Wilderness Mountaineering and Climbing: Expedition Planning. He is a former NOLS mountaineering development director and chief instructor, and veteran leader of more than 25 international expeditions to the world's great ranges, from K2 in Pakistan's Karakoram Range to the first ascent of the Washburn face on Denali.

## Announcements

Renewal Notices delayed.

Membership renewal notices are typically sent with this November newsletter. In light of the developments with the campground closing and the privy situation, it was decided by the CMC Board to postpone the renewals until more information is gathered. Depending on the Sauk County requirements and the cost of building new and better privies, we may have to increase club dues and/or campground fees. This will be discussed at the November and possibly December board meetings. Be assured we will do everything possible to keep costs down. The renewal notices will be sent with either the December or January newsletter after decisions are made about the dues.

CMC'er to climb Aconcagua this December.

George Naxera is heading south to climb Aconcagua in December and still has room on his team if any other CMCers are interested. This magnificent mountain is located in the Andes along the Argentina/Chile border. At 22,841', it's the highest peak in the Western Hemisphere and the highest point in the world outside of Asia. George and his team will take the Normal Route which is mostly a trail hike to the summit. The challenge of the route is in the altitude. If anyone is interested in joining the group, please contact George at alpinist@earthlink.net. They will depart December 2nd, flying into Mendoza, and return on December 20th. Previous experience climbing 14ers or higher is required. Many thanks! See you at the Lake. George

## 2006 Board Nominations

In the October meeting, Matt Mead appointed a Nomination Committee of Chris Young, Mark Mummer, and Rob White to nominate candidates for the elected offices of the 2006 CMC Board of Directors. The

following will be nominated from that committee at the beginning of November's General Meeting:

Director: Pieter Fockens  
President: Matt Mead  
Vice President: Mike Burian  
Secretary: Robert White  
Treasurer: Steve Broadie  
Sergeant-At-Arms: Jim Considine  
Program Chair: Donna Martino  
Publication Chair: David Harrison  
Outing Chair: Jamie Norris

Directors serve three year terms. Current directors are Chris Young (through 2006), Ron Rolnicki (through 2007), and Pieter Fockens (through 2005.) This will renew Pieter's Director position through 2008. The other positions have one year terms. All current board members in these elected offices would like to return for another term.

Any CMC member can nominate CMC members of good standing (and members for at least one year) for any of these elected Board positions from the floor during the nominations at the November General Meeting. If there is more than one nominee for any position, the President will appoint an Election Committee to conduct an election by mailed ballot. If there is only one candidate for each office, the President may declare the nominees elected by acclamation.

The following positions are appointed by the President and are subject to approval by the full Board of Directors:

Expedition Chairman (2 year term)  
Safety Chairman  
Grounds Chairman  
Conservation Chairman

### Winter Indoor Outings

Once again folks, don't let sloth be your friend this winter. Come out and join us for indoor climbing. Indoor outings are held about twice a month during the winter. Our normal outing destination is:

Vertical Endeavors  
28141 Diehl Rd  
Warrenville, Illinois  
Admission is \$10 for CMCers, \$15 for non-members.  
Remember to bring your membership card.

There are no set times for these outings. Some say the afternoon is less crowded, but there should be at least one group of CMCers meeting around 10:30am.

If you can only make one this winter, don't miss January Jollies. This is a chance to get everyone together for a day of climbing and commiserating about the cold, followed by pizza at a nearby restaurant.

November 20<sup>th</sup>: Vertical Endeavors, Warrenville

December 4<sup>th</sup>: Vertical Endeavors, Warrenville  
December 18<sup>th</sup>: Vertical Endeavors, Warrenville  
January 8<sup>th</sup>: Vertical Endeavors, Warrenville  
January 22<sup>nd</sup>: January Jollies!  
Vertical Endeavors, Warrenville  
10am-4pm followed by pizza  
and refreshments from 4-6pm.  
February 5<sup>th</sup>: Vertical Endeavors, Warrenville  
February 19<sup>th</sup>: Vertical Endeavors, Warrenville  
March 5<sup>th</sup>: Vertical Endeavors, Warrenville  
March 19<sup>th</sup>: Vertical Endeavors, Warrenville  
March ??<sup>th</sup>: Elk Grove Climbing Gym?  
Annual Self-Rescue Workshop  
(will have to wait until we talk  
to T.J. Pierce...)  
April 2<sup>nd</sup>: Vertical Endeavors, Warrenville

### 2005 Fall Outings Recap

October 8-9<sup>th</sup>: For the first October outing, the leaves were beginning to change and we had lots of sun. Saturday a large gang of 14 went to Elephant Rocks on the north end of the East Bluff. This area was new to many, and we set ropes on just about all the standard routes. Nearly everyone enjoyed the classic Trunk, a delicate 5.7 requiring tricky footwork – Jamie Norris (accompanied by many expletives), Jim Gilmour, and others made ascents. Jeff Dull put forth an epic effort which ultimately succeeded on the 5.10b Two Finger Cracks. Rob White also made an ascent, with considerable suffering; and at just over twice the age, Olle Swartling showed us what youth and experience can do with a clean ascent on the same route. A strong newcomer to the outings, John Hudson, stepped up and made the only ascent of the 5.10d Transcendental Disfiguration. A few of the usual suspects made it up the 5.10b Clearasil Spattered Fantasies, while the majority veered right into greener pastures on the overhanging 5.8 variation to its right. The gang of Matt, Courtney, and Raj all struggled but succeeded (I think?) on the route. All in all, a challenging day.

On Sunday we again went en masse, 20 strong, to Vulture Lookout overlooking the quarry. This area is split between a taller upper wall and a lower wall with several short but high quality climbs. Most of the better climbs of the area are concentrated in the 5.9-10 range, though, making it not ideal for many. Beautiful skies, modest temperatures, and great views helped to heal the wounds. Amy and Julia again showed strength in their specialty (napping in the autumn sun.) Newcomer Neil Horn, a genuine Scotsman, was tired out from Saturday, but seemed very happy to find a group of climbers in the Chicago area. Think back to your first day climbing with the CMC – this sounds familiar, doesn't it?

October 22-23<sup>rd</sup>: Cold and rainy and sparsely attended. Saturday evening was reportedly beautiful, followed by an unceasing Sunday morning rain. Little climbing was done. Most either went hiking or worked on the campground. Little more to say.

**From:****Chicago Mountaineering Club**

c/o Robert White  
1845 N. Orleans, Apt. 2R  
Chicago, IL 60614

**TO:**

ADDRESS CORRECTION REQUESTED

FIRST CLASS MAIL

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NEWSLETTER: Please submit your comments, announcements, outings or personal climbing reports, items of interest, ephemera, or questions to the Editor: Robert White at 1845 N. Orleans Street, Apt. 2R, Chicago, IL 60614 or e-mail: [cmcsecretary@cmcwebsite.org](mailto:cmcsecretary@cmcwebsite.org). Also, please contact me if your newsletter was damaged in the mail and you would like a fresh copy sent.

**Winter Climbing Practice**

When: January 6-7<sup>th</sup> or 13-4<sup>th</sup>, depending on proper conditions.

Where: Indiana Dunes National Seashore & a Chicago location for the Friday night lecture.

Who: Open to CMC members and your accompanied guests (prior approval required.)

How to sign up: Chris Young [chryoung@cisco.com](mailto:chryoung@cisco.com) or Jamie Norris [climb4953@yahoo.com](mailto:climb4953@yahoo.com). Please see the October newsletter for additional details.

**CMC Campground Temporarily Closed**

The Devil's Lake campground is temporarily closed for the season until we get new outhouses installed that fulfill local County ordinances. To explain this issue, Pieter Fockens wrote a letter that was sent via email on 10/27 to all club members on behalf of the MFC and CMC. That same letter is available on the website. If you do not receive email and would like a printed copy, please contact Pieter or Matt Mead. The MFC and CMC Boards, and concerned members, are currently working on a long term privy plan for the campground. If you would like to participate, please contact a Board member and/or come to the November Board Meeting.

**2005 Board Members**

## Directors:

Pieter Fockens, Chris Young, Ron Rolnicki  
[cmdirectors@cmcwebsite.org](mailto:cmdirectors@cmcwebsite.org)  
President: Matt Mead  
[cmcpresident@cmcwebsite.org](mailto:cmcpresident@cmcwebsite.org)  
Vice President: Mike Burian  
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Outings Chair: Jamie Norris  
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Expedition Chair: Open  
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