



CHICAGO MOUNTAINEERING CLUB

The next CMC General Meeting will be **Monday, November 13th, at 8:00 PM at the Goose Island Brewery**, 1800 N Clybourn Ave., Chicago IL (312) 915-0071.

General Meetings are open to the public and held on the second Monday of each month, September through May. Everyone is welcome. The CMC Board meets before the General Meeting from 6:30 to 8:00pm. The Board meeting is open to CMC members.

General Meeting Schedule

November 13th, 8:00pm: In lieu of a program, there will be a discussion led by Expedition Chair Dave Kenealy on the proposed summer **2007 Western Outing** to the Southern Canadian Rockies near Banff. The exact details are to be determined, but this would be a good chance for anyone interested in the trip to come in and discuss the various options, possible climbing routes, hostel and camping choices, requirements to participate, etc.

This will be the official CMC Meeting to nominate members for the 2007 CMC Board. Everyone interested in the process, and/or interested in being more involved in the leadership of the club, is encourage to attend. Please remember that monthly general meetings, monthly newsletters, changes to the campground, and the annual dinners do not happen automatically. They happen because good people contribute their time and energy, without pay, for the good of all. If you would like this to continue, or if you have additional ideas on the direction of the club, please make an effort to contribute and get involved. In order for civic clubs and groups to continue and prosper (and they should), members need to step up and take a turn contributing.

December 11th, 8:00pm: "Climbing in the Swiss Alps" by Cary Adams. More information in the next bulletin.

CMC Outhouses near complete!

It may be difficult to believe, but the CMC Privy Saga of 2005-2006 is near an end. Here is a photo of the almost complete new outhouse as of mid October:



Since the photo was taken, the official county inspections have taken place, some additional trim work was completed, and the outhouses are officially open and in working order. The final bits – roofing and interior work – are in progress and will be finished soon. This is the near ne plus ultra of outhouses with stainless steel toilet risers, interior paneling, deluxe vent pipes, the salvaged and proprietary Alex-Andrews-designed TP containers, and more....

Mike Burian deserves a lot of credit for kick starting the construction phase after the vaults were installed. You wouldn't be looking at the building above right now without his push. The club construction talent continues to grow with new members Bill Gleason providing invaluable professional architectural design and drafting, and Keith Bielat exercising his prodigious carpentry talents. Many thanks to both of them. Also key during the 'Construction Phase' were Jack Fletcher, Rod Harris, Pieter Fockens, Tom Kaus, Bill Deitrich, Olle Swartling, and others who contributed many hours building the above ground structure this fall. Mary Blandino and Sylvia (Burian) did much of the staining, and Sue Swartling contribution to aesthetics and general assistance should not be overlooked. According to Mike B, "this was very much a team effort. I have never seen a group of people, who were not all that familiar with each other, work so well together and accomplish so much in one weekend."

Ron Rolnicki and Jack Gorby are also to be thanked for the construction and legal research they did over the last year to ensure our privies were built to code and legally registered with the county.

From across the pond...

Received a note recently from Jack Curtin in Vienna. He still stays up on to date on the happenings around the CMC and is still a regular climber, getting to the gym once a week and outdoors a few days a month. Here is a photo of Jack climbing in Durnstein near the Danube in Austria:



Jack talked to several other members last summer about the old Belay Tower which used to be in the campground. Sounds like a lot of folks think this would be a good idea to bring back. Anyone out there looking for project? This belay tower (with a hoisted cement weight) was used to give members experience holding the force of a hard lead fall. Many of the 'old timers' swear by it as invaluable experience. This would be an ideal prerequisite (as it used to be) before belaying a lead climber (both with a now standard harness and belay device, and with the hip belay.)

Here is a very stylish Ward Wickwire in the early 70s (Ward is a 40 year member and former club President), gaining experience with a hip belay on the Tower. I expect to see those trousers back in fashion in the campground next season....



Jack Curtin photo.

CMC Outing Report, October 21-22

Jamie Norris:

I arrived at the lake about 2pm Friday afternoon. The weather was cool, but pleasant, and I found Rod Harris already setup. After dinner we started a fire and several more people showed up. Bill Deitrich and Bev Anderson came as did a few new people; Phil, Craig, and Christine. The fire and conversation was still going when I went off to bed around 10. The rest were chased in by rain a short while later. The coyotes were restless and howling it up, but otherwise it was good sleeping. We awoke to very overcast skies and the occasional drizzle and finally decided to take a walk. By this time, two new girls, Jennifer and Angie had shown up and Todd Cornilsen arrived. Seven of us went on a nice hike from the South Shore lot: Over the Grottos trail, up the CCC trail, to the north end on the East Bluff trail, (we could hear shooting, so we decided to stay off the woodland trail), across the north end, up the West Bluff trail to the south end, then back to the South Shore lot to our cars. By this time Ron Rolnicki had shown up with two friends, Deborah and Beth, and they actually went and got a climb in. We then went to Hooties for a late lunch and brews. When we left around 4:30 it was starting to snow, and when we had returned to camp, Olle, Sue, Bill, Pete, and Bev had all called it a day. Jennifer and Angie then left and Ron, Beth, and Deborah headed to town after setting up their tents. We set up a tarp shelter and Todd taught Phil and me how to play cribbage. Rod came over to watch and chat, but after an hour or two we were cold enough to head over to Gander Mountain for a warmup. We then headed back to camp and made dinner and knocked the snow off the sagging tarps. We decided that it was too wet for a fire, so back to Hooties we went. By about 10:30, we were tired and the snow had tapered off, so we went back to camp and crawled into our warm sleeping bags. Sunday morning was sunny, but rather windy,

with 1 to 1 ½ " of sleet and snow on the ground. Rod packed up and left, as did Phil and Craig. I decided this wasn't much fun and started slowly packing up, while having a nice conversation with Pete. Ron, Deborah, and Beth wanted to climb, so Todd joined them and they went to Stetner's Rocks. This was sunny, dry, and somewhat sheltered from the icy breezes. They put up three ropes and enjoyed a day of climbing. While not ideal conditions, it was nice to get up to the lake for the last official outing here for the year.

Oh, great news, the county inspected the outhouses and gave us their blessing. While not quite finished, these are looking great and all those that worked on them should be commended. And for all of you wondering who would get to christen them, well, you're too late. Been there, done that.

Thanks Jamie. Hardy folks on the last outing.

2006 Lamb Roast Recap

Better late than never right? Now in the dark and cold post-daylight savings time, here is a long lost report from the Lamb Roast this past summer and a few shots to remind you of warmer days in the campground. A belated thank you to Dave Kenealy for coordinating it this year. Thanks also to Chris Young for his help, and this report which he submitted way back in June...

The cooking team this year comprised of Chris Young, Ron Rolnicki, Jamie Norris, Evan Young, and Dave Kenealy. And Thanks to Olle & Sue for the marinade and support.



Walt, Donna, Olle, Linda, Kelli, and Aaron at the Lamb Roast.

June 3rd was a hot day at the campground. We had great sunny weather, with the day warming up to almost 80. The grounds team cut the grass, helped to move picnic benches, and carried wood to the fire pit. You guys were extremely helpful. Thanks!!



New climbers and old timers, enjoying the food. That's not a caffeine free Coke you're drinking, is it Mr. Bill D?

Dave the Lamb Man picked up the 59lbs lamb and we began to prep it soon after. The lamb was clean and required little trimming. Olle suggested we spread the ribcage with a "green" wood stick. And after some tugging we were successful wiring it onto the spit and spreading the ribcage.

For the fire pit, we decided to have two rows of coals parallel to the beast. This would provide indirect heat and would allow us to more easily control the temperature of the fire. This is very important as the cooking nears completion. It seems that once the lamb meat reaches "rare" it cooks very quickly.

We cleaned & removed the melted iron and bottles from the fire pit. Next came the task of cutting the hard wood needed for the many hours of cooking. Ron and Jamie brought in a load of apple wood and we supplemented the log pile with oak and cherry. Olle had scouted some seasoned oak & cherry wood trees. We cut, hauled and split the wood in time to light the fire at about 10 AM. While our Lamb was wired to the spit we hauled it and placed it on the fire. Cooking began promptly at 11:00 AM.

We spent the next five hours turning the lamb every ten minutes, and basting the lamb with the marinade. This year we decided to offer baked potatoes. We individually wrapped the potatoes and an hour before the lamb was finished, we placed the bakers in the center between the two rows of coals.

While the potatoes cooked so did the roasting team. It was common to hear an ouch, or to feel the hair on my legs catch on fire, as you turned and basted the lamb. And the smoke seemed to follow you walking

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FIRST CLASS MAIL

NEWSLETTER: Please submit your comments, announcements, outings or personal climbing reports, items of interest, ephemera, or questions to the Editor: Robert White at 1845 N. Orleans Street, Apt. 2R, Chicago, IL 60614 or e-mail: cmcsecretary@cmcwebsite.org. Also, please contact me if your newsletter was damaged in the mail and you would like a fresh copy sent.

2006 Lamb Roast, con.

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around basting the lamb. This made for a "HOT" job for the cook team.

The temperature of the meat is critical. We periodically took temperatures with Ron's meat thermometer, and by 3:30 the lamb was close to finished. For Lamb, 145 degrees = Rare, 150-160 = Medium, 165+ = Well Done. With such a large lamb we had different sections of the meat cook more quickly than other sections. When an area on the lamb reached 140~+ we pulled colas away from that area of the lamb. This helped more evenly cook it.

While the lamb cooked the day got very hot and we ended up putting up a cooking tarp to keep the sun off the cook team.

We had good attendance with about 46 people attending.
Chris Young

So that's how you cook a lamb. I sense a focus on food here. Thanks Chris. There also was a nice party afterwards to eat the beast while we polished off the last of the CMC wine stash. Good times.

Hans Gmoser Dies After Bike Accident

Several CMCers knew Hans from climbing in the Canadian Rockies in the 50s and 60s. Incidentally, Hans made the first ascent of Lion's Way on Central Crescent Tower in the Bugaboos, the route David Ireland was climbing last summer before the accident. Hans also founded the CMH Bugaboos Lodge which provided very generous assistance to the other CMC members on the Bugaboos expedition after the accident. The following is by Dougal MacDonald on the website Climbing.com:

Legendary Canadian mountaineer Hans Gmoser, 73, died July 5th, 2006, from injuries sustained in a fall while cycling the 1A highway near Lake Louise. Gmoser founded Canadian Mountain Holidays, a leading guide service and helicopter skiing operation, in 1957, and he inspired generations of Rocky Mountain climbers and skiers.

Gmoser immigrated to Canada from Austria as a teenager. He made the first ascent of the 1,000-foot limestone cliff of Yamnuska, introducing a new standard of technical climbing to the Rockies, and then added several more difficult routes to the face. Gmoser led important climbs on Mt. Blackburn, Mt. Logan, and Denali, where his team made the first ascent of the enormous Wickersham Wall in 1963. He retired from CMH in the early 1990s but remained extremely active in road biking and Nordic skiing.